

PREPARING YOUR CHILD FOR GENERAL ANESTHESIA



Anesthesia
for Dentistry

www.chanpong.com

BEFORE

IMPORTANT INSTRUCTIONS FOR THE **SAFETY** OF YOUR CHILD DURING ANESTHESIA

1

Nothing to eat or drink after midnight, the night before your child's appointment (no mints or gum either). *Food in the stomach may cause vomiting during anesthesia and may lead to a medical emergency.*

2

After midnight, your child can **ONLY** have **clear fluids*** up till **3 hours before** your appointment time

3

For those **three hours before** your child's appointment, they are **not allowed anything, NOT even a sip of water**



***CLEAR FLUIDS:**

clear apple juice, ginger ale, 7up, gatorade and water. (drinks you can clearly see through)



NOT CLEAR FLUIDS:

orange juice, mango juice, drinks with pulp, cola drinks, Jello, soups, broths, and milk. (drinks you cannot clearly see through)

DURING

Going to Sleep

Please arrive at least 1 hour prior to your appointment. This will allow the ‘freezing’ cream that we will place on your child’s hand time to work.



We allow ONE parent to accompany your child while he/she goes off to sleep. Your child will sit on the side of the dental chair while you hug them. One of our staff will blow bubbles with your child on one side while Dr. Chanpong gently places the IV on the other side. Once asleep we will ask you to wait outside while we concentrate on your child’s care.

Monitoring

Your child will be closely monitored the entire time by Dr. Chanpong while your dentist concentrates on the dentistry. After the dentistry is completed, we will take your child to our recovery room where we will let them sleep and wake up slowly. We will continue to monitor your child throughout this time. Once your child starts to wake up, we will come and get you so you can be with your child. It is not uncommon for children to be upset upon awakening from anesthesia as they are still disoriented and dizzy.

AFTER

A responsible adult must accompany your child home to rest. Plan to drive or take a taxi home. We do NOT allow you to take public transit after an anesthetic.

A responsible adult must be with your child for the remainder of the day.

After the anesthetic you should go directly home. Even though they may feel fine and may want to go out and play, it is important that your child rest at home for the remainder of the day.

Your child can eat and drink when they feel ready after arriving home. Check with your dentist if there is any food restrictions due to the dental work.

Please feel free to call Dr. Chanpong at any time if you have any questions or concerns after your child's anesthetic.



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PARKING

Entrance to the parkade in our building is off Willow Street.

If you arrive before the parking attendant, do NOT put money in the machine. Park the car and the parking attendant will place a parking stub on car when they arrive. You can pay when you leave.

note: your child must go home in a car or taxi, public transportation is NOT allowed.

